



Presents



Esselbach

22.05.-24.05.2026



Welcome

After a long break, we are proud
To be the host of an international
BMX race, the 3 nations Cup.

Get ready to see the most
Successful and best BMX talents
Of the three nations.



There will certainly be exciting and spectacular races again.

Have an unforgettable weekend with us and **let´s create beautiful memories together.**

Save the Date and have fun with us.

„We are proud to invite you to our Track! “



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Am Trieb, - Deutschland-97839 Esselbach	



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About Esselbach

Esselbach is a small village in the „Spessart“
It is located in the middle of Germany in the region
„Unterfranken“.



We had only 2125 residents.

There are many fields and forests around Esselbach.

And we had very clean Air in Esselbach.



Our sponsors

We extend our sincerest thanks to our sponsors for their generous support, which has been instrumental in the success of our event. Your contributions have made a significant impact, and we are truly grateful for your partnership.



www.huber-tec.de



Rulebook

General Rules

The UCI regulations, in particular Title 6, Racing regulations BMX in the last published edition, are applicable to the 3-Nations-Cup.

Non-smoking Event

The 3 nations cup is a smoking free event. Organization to create smoking area outside of the terrain of the BMX event/track.

Electric vehicles prohibited

Around the track, team tent area, food area, electric vehicles (e-scooters, Sur-rons, E-MTB etc.) are prohibited. Organizer arranges proper signage informing every visitor/rider.

Front- and Sideplates:

The organizing committee of the 3 nations cup 2026 will provide the front and side plates. These plates will be issued only once and must be used for all three races in the 3 nations cup. If the plates become unusable due to damage or fades print the rider must purchase a new set for a fee of € 10,00. Riders who do not use the provided plates during races or training sessions will not be included in the results and will receive a DNS (Did Not Start). If a rider is seen without an official plate during training sessions, they will receive an official warning; a subsequent offense will result in disqualification from the event. The plates will be distributed to the riders by the national team manager or Chef d' Equipes of each country during race registration.



Categories:

Saturday

Cruisers Men 13/16, 17/29, 30/49 and 50+(1)

(1): The 49/50+ split age is only fixed if each separate category has at least 9 riders after confirmation. If there are less than 9 entries („only motos“) per category, the age split will be set based on all the 30+ entries. The goal in that case is to spread the riders evenly on ages and, if possible, that each category has a main final. For example: 24 entries after formation. 12 riders have raceclass age 45 years or less and 12 have raceclass age 46 years or more. The age class will be divided in 30/45 and 46+.

For Cruiser categories of 30 years and older, which will be combined with the next younger category.

Cruiser Women 13+

Girls -8, 9/10, 11/12, 13/14, 15/16

Boys -8, 9/10, 11/12, 13/14, 15/16

Sunday

Girls -8, 9/10, 11/12, 13/14, 15/16

Boys -8, 9/10, 11/12, 13/14, 15/16

Women 17+, Men 17+

Junior Women, Junior Men

U23 Women, U23 Men

Elite Women, Elite Men



Races 2026

In 2026, the races will be held on the following days and locations:

Belgien:	02.05.-03.05.2026
Niederlande:	12.09.-13.09.2026
Esselbach (D):	22.05.-24.05.2026

On Saturday, only riders holding a Belgian, German, or Dutch racing license are eligible to register. On Sunday, the race is classified as C1, and registration will follow UCI regulations.

Registration:

The 3-nation cup uses a pre-registration platform. You can access the registration platform via this link:

<https://registration.jstiming.com>

Anyone with a UCI-ID can create an account and register for 3 nations races. Please note, only one account is allowed per email address. Individual riders can create a personal account using their UCI-ID. Parents or guardians of youth riders can create a „family account “bases on the rider´s UCI-ID, allowing up to 5 riders to be registered under one account. After registering or cancelling, you will receive a confirmation email from JSTiming. If you already have an account on this portal, you can use your existing account.

Round	Event	Event Date	Registration open	Registration closing	Double Amount registration fee Late entry closing	Triple amount registration fee Super late entry closing
R1	Antoing (B)	2-5-2026	30-1-2026	27-4-2026	1-5-2026	2-5-2026
R2	Antoing (B)	2-5-2026	30-1-2026	27-4-2026	2-5-2026	3-5-2026
R3	Esselbach (D)	23-5-2026	20-2-2026	18-5-2026	22-5-2026	23-5-2026
R4	Esselbach (D)	24-5-2026	20-2-2026	18-5-2026	23-5-2026	24-5-2026
R5	Kampen (NL)	12-9-2026	12-6-2026	7-9-2026	11-9-2026	12-9-2026
R6	Kampen (NL)	13-9-2026	12-6-2026	7-9-2026	12-9-2026	13-9-2026



Late entries on race day can be made on-site with the Chef de Equips, but **triple** fees will apply. After the cancellation deadline, no refunds will be issued for registration fees.

In addition to online registration all riders (except challenge riders with a license from the Belgian German or Dutch Federation) can register on-site for the Sunday race at regular fees. Junior, Under 23 and elite riders with a license from the Belgian, German, or Dutch Federation can also register on-site for the Sunday race but triple fees will apply.

Entry Fees:	2026
Challenge classes Boys and Girls 8 and under-14 years	19,00 €
Challenge classes Men and Women 17+	19,00 €
Cruisers	19,00 €
Challenge classes Boys and Girls 15/16	19,00 €
Junior Women, Junior Men	37,00 €
U23 Women, U23 Men	47,00 €
Elite Women, Elite Men	57,00 €

*The above-mentioned numbers apply per day and per category.

The entry fee does not include charges for late entry, cancellation, national federations, registration, and bank fees. These additional fees will be automatically applied to your registration or cancellation.



Sign-on:

Every rider must report to the team manager/Chef d'Equipe of their national federation. The team manager will verify the entry details and provide the rider with a wristband. During the first race of the season, riders will receive a number plate and side plat, which must be used for all 3 nations races.

Riders who did not deregister bevor the deadline will still receive their rider pack if they report their absence to the team manager or national federation on the day of the race. In case of illness or injury the team manager must be notified of the rider's absence. Riders injured during training must deregister immediately after the training session.

Riders who do not collect their wristband and plates will be un-registered by the team managers. Wearing the provided wristbands is mandatory. Participation in races or training sessions without a wristband is not allowed.

Prizes and Awards:

For all Challenge Categories: Trophies for all 8 riders on the finals.

For all Championship Categories: Prize money as listed below per race, according to the 2025 UCI C1 schedule (except 1st place Category Junior) + category 15/16.

[\(UCI Financial Obligations BMC 2026 Page 9\)](#)



Ranking	Elite Men	Elite women	U23 women	U23 Men	Junior Men	Junior women	15/16 boys (both days)	15/16 Girls (both days)
1st	800 €	800 €	350 €	350 €	160 €	160 €	80+Prize*	80+Prize*
2nd	400 €	400 €	175 €	175 €	70 €	70 €	35+Prize*	35+Prize*
3rd	200 €	200 €	85 €	85 €	60 €	60 €	30+Prize*	30+Prize*
4th	175 €	175 €	75 €	75 €	50 €	50 €	Prize*	Prize*
5th	150 €	150 €	65 €	65 €	40 €	40 €	Prize*	Prize*
6th	125 €	125 €	55 €	55 €	30 €	30 €	Prize*	Prize*
7th	100 €	100 €	40 €	40 €	20 €	20 €	Prize*	Prize*
8th	75 €	75 €	35 €	35 €	10 €	10 €	Prize*	Prize*
Summary	2.025 €	2.025 €	880 €	880 €	440 €	440 €	145 €	145 €

*per day

Prizes for competition after 6 Races

After the final race of the 3-nation cup, the top three riders in each class with the highest points will receive a medal. Refer to Attachment 1 for the points schedule. All 3 (Championship) or 6 (Challenge/Cruiser) races contribute to the final prize. In the event of a tie in points after 3 (Championship) or 6 (Challenge/Cruiser) races, the results of the last race will determine the winner. If one or more races are cancelled, there will be no prize ceremony at the final completion.

NEW!!! PRIZE FOR THE PERFECT SCORE (EXPANDED WITH CHALLENGE U15/15-16/17+)

All the Championship categories race for the perfect score.

The rider that has the most heat wins (motos, 1/8, 1/4, semi-final, final) spread over all 3NC Championship

races (combined Elite M&W, U23M&W, Jr M&W) wins 1000,- Euro. If the same amount of heat wins is achieved by more than 1 rider the prize money amount is equally divided between these riders.



Time Schedule For Tracks with Pro-Section:

Friday:

10.00-22.00	Opening of welcome desk for camping
18.00-19:30	Pickup wristband and plates at chef d'Equipe/Double-fee registration Challenge
19:00-19.55	Gate practice all classes up to 12 years
20:00-20:55	Gate practice all classes 13 years and over/Cruiser
21:00-21:30	Championship Training (The split will be determined on the day between M/W)

Saturday:

Classes (morning-Only rides form 3 Nations):

- Girls 8 &-,9/10, 11/12, 13/14, 15/16
- Boys 8 &-,9/10, 11/12, 13/14, 15/16
- Cruisers 13/16, 17/29, 30/49, 50+, Cruiser Women 13+

8.00-20:00	Opening of welcome desk for camping
9.30-10:30	Pickup wristband and plates at chef d'Equipe/Triple-fee registration Challenge
10:00-11:05	Gate practice for Girls & Boys up to 12 years
11:10-12.20	Gate practice for Girls & Boys 13 years and over/Cruiser
12:30-15.00	Moto's for Girls & Boys till 16&Cruisers
15:00-16:45	1/8, 1/4, 1/2, and Finals
17:00	Award Ceremony
Following	At the last race: Award ceremony for competition no. 1,2 and 3 for cruisers category
18.00-18.30	Pickup wristband at chef d'Equipe
19.00-19.45	Gate practice Challenge riders
19:45-20.30	Championship Training (The split will be determined on the day between M/W)



Sunday:

Classes (morning – open race – all nations):

- Girls 8 &-,9/10, 11/12, 13/14
- Boys 8 &-,9/10, 11/12, 13/14
- Girls 15/16
- Boys 15/16
- Women 17+
- Men 17+
- Women Junior, Women U23, Men Junior, Men U23
- Women Elite, Men Elite

8:00-8:30	Pickup wristbands and Plates at chef d'Equipe/Triple fee Registration Championship
8:00-8:50	Warm up Boys/Girls 8 till 14
9:00-9:20	Warm up Boys/Girls 15/16, Men 17+, Women 17+
9:20-9:50	Championship Training (The split will be determined on the day between M/W)
10:00	Moto's for all classes
Following	1/8, 1/4, 1/2, and Finals
Abt. 14:00	Award ceremony for classes without finals
After all finals	Award ceremony for all classes with finals
Following	At the lasts race: award ceremony for competition no. 1,2 and 3 all classes except the cruisers.

Time-schedule is subject to changes!

***The Chef d'Equipe can define the time for wristband and plate pickup.**

During practice on Sunday morning, rows 1 and 2 are reserved for the rider 5 up to and included 10 years old!

Entrance Tickets Max:

- 13 years and over: Saturday: 10,00 €, Sunday: 10,00 €,
passe-partout: 15,00 €
- 5-12 years: Saturday: 6,00 €, Sunday: 6,00 €,
passe-partout: 10,00 €



Contact Information's:

Organiser Antoing (B)	BMX Club Antoing Avenue du Lac 7640 Antoing Belgium
Organiser Kampen (NL)	KWC Kampen Schanskijk 3 8263 AZ Kampen Nederlands
Organiser Esselbach (D)	BMX Esselbach Marco V��th Am Trieb 97839 Esselbach Germany
Dutch Federation	Evert-jan Haarhuis Tel.: +31-6-13450295, ejhaarjuiscbmx@gmail.com
German Federation	Falk Putzke , Tel.: +49-69-96780043, falk.putzke@bdr-online.org Carsten R��venstrunk , Tel.: +49-173-5408447, bmx@hessen-radsport.de
Belgian Federation	Michel Vermeiren , Tel.: +32-476-438672, michel.vermeiren@belgiancycling.be



Track information

Address:

Am Trieb
97839 Esselbach
Germany

Our Track is re-build
from 2013 till 2018
and in 2025 we build
a 8 meters Starthill.

- Track length 380 m
- Starting Hill 5 m
- Starting Hill 8 m
- Track surface,
Stones / Asphalt/
Paving Stones
(last corner)



Parking & Camping

Camping Reservation Esselbach BMX

Camping Reservation is open from 22.03.2025 until Sunday 24. 05. 2026. You can find the registration on Eventim:

<https://www.eventim-light.com/de/a/69673be9624c0108c051995d>

Camping (100,00 € for Camper with electricity and 50,00 € for Camper without electricity)



Team-Area

Team-Area Reservation:

Team-Area Reservation is open from 22.03.2026 until Sunday 24.05.2026 You can find the registration on Eventim:

<https://www.eventim-light.com/de/a/69673be9624c0108c051995d>

Team-Area

Team-Area is available for

- UEC registered Teams
- Trade Teams
- National Team
- And others

The Team-Area is free for national Teams (max 3x9m)! All other Teams have to pay 60,00 € for the entire weekend (6x3m Tent). Parking in connection to Team Paddock is not available. Each Team is getting 1 Team Manager Pass!



Hotels



Address: www.hotel-mainblick.de
Hotel Mainblick Garni (ca. 6km from Track)
Mainkai 11
D-97828 Marktheidenfeld
Mail : info@hotel-mainblick.de



Address: www.hotel-villa-italia.de
Hotel Waldbrücke Villa Italia (4km from Track)
Wertheimerstr. 2
D-97828 Marktheidenfeld-Altfield
Mail : contact@hotel-villa-italia.de



Address: www.hotel-villa-italia.de
Hotel Spessarttor Villa Italia (4 km from Track)
Michelriether Str. 38
97828 Marktheidenfeld-Altfield
Mail : contact@hotel-villa-italia.de
Tel : +49 (0) 9391 50344-0



Address: www.hotelaussicht.de
Hotel zur Schönen Aussicht (6km form Track)
Brückenstr. 8
D-97828 Marktheidenfeld
Mail : info@hotelaussicht.de
Tel : +49 (0) 9391 98550





Address: www.loewen-marktheidenfeld.de
Hotel zum Löwen Garni (ca. 6km from Track)
Marktplatz 3
D-97828 Marktheidenfeld
Mail: info@loewen-marktheidenfeld.de
Tel: +49 (0) 9391 1571



Hotel Gasthof Talblick (1,5 km from Track)
Lindenstr. 14
97839 Esselbach
Tel : +49 (0) 9394 97220



Address : www.stern-rettersheim.de
Gasthof « Zum Stern » (10km from Track)
Lengfurter-Str. 5
97855 Triefenstein-Rettersheim
Mail : info@stern-rettersheim.de
Tel : +49 (0) 9395 212



Address : www.eurohotelwertheim.de
Euro Hotel Wertheim (17km from Track)
Almosenberg 2
97877 Wertheim-Bettingen
Mail : info@eurohotelwertheim.de
Tel : +49 (0) 9392 9344 0





Address : www.baumhoftenne.de

Landgasthof Baumhof-Tenne (6km from Track)

Baumhofstr. 147

D-97828 Marktheidenfeld

Mail : reservierung@baumhoftenne.de

Contact US

For More info

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